

# My Thriving Plan

*A one-page reflection guide — companion to Thriving in the Storm by Rhonda D. Barley*

## 1. The storm I'm walking through right now

Name it honestly. God already knows.

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## 2. Where I see God's hand in it

A whisper, a person, a verse, an unexpected provision.

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## 3. One truth I'm holding onto

A scripture, a promise, or a word that steadies me.

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## 4. One small step I will take this week

Thriving is built in small, faithful moves.

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## 5. Who is walking with me

Name your people. Reach out to one today.

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*"He will be the sure foundation for your times, a rich store of salvation and wisdom and knowledge; the fear of the Lord is the key to this treasure." — Isaiah 33:6*

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